Ride the 2020 Tour de Cure with Team MHCC

The Mohawk-Hudson Cycling Club has formed a team to ride in the American Diabetes Association’s Annual Tour de Cure in 2020. Registration is now open and is $10 to join through 12/31/19 (after that it bumps up to $20). As an additional incentive, there is a sock promotion that runs through November 10th – make a personal donation of at least $30 on-line and receive a pair of awesome pair of pig socks from Primal (see attached flyer)

The Capital Region Tour de Cure will be held on Sunday June 14th, 2020 at the Saratoga County Fairgrounds in Ballston Spa. The Tour offers fully supported 10, 30, 50, 62 and 100 mile recreational rides with a post ride lunch and party. As those who rode in past Tour de Cures will attest, this is a very well run event that attracts over 1,000 riders annually.

MHCC sponsored a Tour de Cure team last year and this year my goal as team captain is to continue the Club’s participation because it’s a great cause, allows us to give back to our community and offers MHCC great visibility to fellow cyclists who may decide to join our club. If we can sign up 30 riders for our team, we will have a meaningful presence at the Tour with the added benefit that club members will likely be able to ride with fellow MHCC members at every distance.

As this event is first and foremost a fund raiser, there is a minimum fund raising amount of $250 for this cycling. Remind yourself that it’s for an important cause – the fight to prevent and cure diabetes. You’ll find that raising that amount from friends, colleagues and local businesses that you frequent will soon have you meet or exceed this amount.

For further details, email me at ronski1025@gmail.com or register by going to www.diabetes.org and click on the “Get Involved” option and then the fund raising option to bring up the Ride for Tour de Cure link. Put in your zip code to do a search for rides in our area and click on “2020 Tour de Cure: Capital Region Ballston Spa, NY on June 14, 2020”. Click on Register and then “JOIN a team” and you will be able to join the MHCC team.

As the premier cycling club in the Capital District, let’s do our part to beat diabetes!

Ron Stefanski